



Karie* Like Marie but with a K

Career Coach, Educator, Speaker, and Visual Designer

Dear Freelancer,

I can still remember when I started freelancing full-time. I was in my mid-20s and bursting with creative energy. This was a fantastic time in my life!

However, after several years, everything came crashing down. To stop the financial bleeding, I had to get a job in retail, where I earned less money at 32 than I did at 19. Yes, you read that right!

I created this course to help you avoid my money mistakes.

This course includes this Take Action Guide and video slideshow presentation. The video slideshow presentation provides detail explanations and tips on how to complete each step in this guide. The link to the video can be found on the next page and throughout the document. If you have any questions, feel free to contact me. I wish you all the best on your money-making goals.

Sincerely, your coach, Karie

@kariewilliams

Before You Begin

HOW TO COMPLETE THE COURSE

1. Watch The Video

The video slideshow presentation provides detail explanations and examples on how to complete each step in this guide. The course was created to watch the presentation as you complete the guide.

2. Complete This Document

You can answer questions in the digital fillable spaces if you have Adobe Acrobat. Or you can print the pages, if you can.

IMPORTANT INFORMATION

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Use of Course and Content Disclaimer

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Now, let's get you clear and taking action around your money-making goals!





Begins at 4:37 in the video presentation

Complete the following steps

Step 1: Visualize

Visualize and write down your yearly dream income.

Step 2: Divide

Divide your yearly dream income into monthly and weekly financial goals.

Step 3: Reflect

Reflect on your answers in the previous steps.

Step 1: Visualize

How much do you want to make in a year?

One of the benefits of being a business owner is being able to **make the money** you want to make. Of course there are steps to getting there, but first let's take a moment to dream. How much money do you want to make in one year?

Before you write down that number, think of the *lifestyle* you want to live.

Ask yourself the following: Where do you want to live? What kind of car do you want to drive? Do you plan on taking vacations? If so, where? How much do you want to save?

You don't have to do any hard calculations in this step. Feel free to write down an educated guess.

What is your *yearly* dream income goal?

Step 2: Divide

Let's break down that dream number.

It's time to do a little math! Divide your yearly dream income, that is the figure you came up with in the previous step by 12. This new number equals the amount of money you need to make each month in order to reach your yearly dream goal.

Doing this step will give you a better idea of how much you need to earn a month and help to make the number more attainable. You can continue to divide the number to get your bi-weekly and weekly income goal.

The formula is: Yearly Income ÷ 12 Months = Monthly Income Goal

You can continue to divide your monthly income goal to get your bi-weekly and weekly income goals.

For example:

- \$100,000 yearly income ÷ 12 months = \$8,333.33 monthly goal
- \$100,000 yearly income ÷ 52 weeks = \$1,923.08 weekly goal

Your turn:

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Dream Income Goal		Months in a Year	_	Monthly Financial Goal
	÷		=	
Dream Income Goal		Weeks in a Year		Weekly Financial Goal

Step 3: Reflect

1. How did you come up with your dream income? Does it seem doable? 2. What thoughts or emotions came up for you after completing Steps 1 and 2? 3. How would your life change if you made that amount of income? Be detailed. 4. Did you account for taxes? What about business expenses? How would your dream financial goal change if you took these things into consideration? Feel free to go back and edit your dream financial goal.





Begins at 13:11 in the video presentation

Complete the following steps:

Step 4: Realize

Realize how much you really need to earn by doing a deep dive into your monthly personal and business expenses.

Step 4: Awareness

How much do you <u>NEED</u> to EARN?

While it's great to dream, it's more important to get a handle on reality. Write down ALL of your monthly expenses. Take the time to list your personal and professional expenses. You'll add up the totals later.

Personal Expenses	Business Expenses
Rent/ Mortgage:	Software:
Transportation:	Memberships:
Car Insurance:	Website Hosting:
Electricity:	Internet:
Phone:	Office Workspace:
Food:	Business Phone:
Health Insurance:	Education/Training:
Education:	Product Development:
Debt:	Shipping:
Streaming Services:	Taxes:
Entertainment:	
Memberships:	Business savings:
Personal Savings:	Left over money:
Left over money:	Other 1:
Other 1:	Other 2:
Other 2:	Other 3:
Other 3:	Other 4:
Other 4:	Other 5:
Other 5:	TOTAL:
TOTAL:	

BEFORE YOU MOVE ON!!!

DON'T SKIP IT THE LAST PART!

Coming to terms with how much money you spend can be scary, tedious, and even boring. As a business person, you can't be afraid to look at and study money.

Can you imagine building your net worth and not having a firm handle on your expenses? Actually you can. You hear about it all the time from celebrities suing their business partners, agents, or lawyers for money that's gone missing.

Don't be that person.

In fact, you can't afford to be that person. So, in case you skipped the last page or didn't finish, GO BACK! Trust me, growth is on the other side of this.





Begins at 17:04 in the video presentation

Complete the following steps:

Step 5: Clarify

Clarify your money-making goals.

Step 6: Strategize

Determine the strategy your business needs to reach your weekly, monthly, and yearly income goals.

Bonus: Reflect again

Reflect again on your thoughts and feelings.

Step 5: Clarify

It's time to put it all together.

1. What are the totals for your *personal* and *business* monthly expenses?

- 2. How much do you need to earn in a year? Take the total and multiply by 12.
- 3. What initial thoughts come up when you realized how much you need to earn in a year?

4. How does this number compare to your dream number?

5. Now that you have your dream income goal and current income goal, which number would you like to focus on achieving in the next 12-months? Divide this number down to a weekly and monthly financial goal. You'll need these numbers for the next step.



NOTE: The 3x Rule. The 3x Rule was created by the US Housing Act of 1937 and says that in order for a tennet to afford housing they should make three times the rent. Example: Rent = \$1,500, then the person should make \$4,500. It's not a law but is still practiced. Something to think about when considering your income.

Step 6: Strategize

1. Write your finalized weekly, monthly, and yearly financial goals.						
Weekly:	Monthly:		Yearly:			
2. List your products or services and their cost? Circle your highest ticket item.						
	nancial target		d to sell in a week, month monthly financial goal by			
For example: \$4,000 monthly finance	cial goal ÷ \$15/ p	er coffee mug = a	pproximately 267 mugs a r	month		
Write your sales goals	s below:					
Weekly sales:	Month	y sales:	Yearly sales:			
4. What strategy do you need to focus on to achieve this goal? Select all that apply by clicking the empty box.						
Research	Marketing	Evidence	Experience			
5. Explain why you chose that strategy.						

Bonus: Reflect Again

1. Choose the illustration that best describes how you feel right now? Feel free to choose more than one.



















2. What part of this has been the most challenging? Why?

3. What are 1-3 things you have more clarity now than before?

4. What are you excited about moving forward?





Begins at 38:27 in the video presentation

Complete the following steps

Step 7: Implement

Create and implement the intentional actions that will get you moving towards your money-making goals.

Take the	right action	n steps for	your business.
			,

How does this step get you closer to your financial goal?

Based on your conclusions from Step 6, use the next few pages to write 1 - 5 small actions that will help you reach your money-making goals.

Select your	strategy step	(s)	:
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Research	Marketing	Evidence	Experience
Action 1:			

What will you do to complete the action?

Action 2:

How does this step get you closer to your financial goal?

What will you do to complete the action?

Action3: How does this step get you closer to your financial goal?
What will you do to complete the action?
Action 4: How does this step get you closer to your financial goal?
What will you do to complete the action?
Action 5: How does this step get you closer to your financial goal?
What will you do to complete the action?

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			$\overline{}$	each page so you don't forget your goals.
1. Write your final	ized weekly, mo	nthly, and year	ly financial go	oals.
Weekly:	Month	nly:	Year	ly:
2. Check the stra	itegy and write c	action you are f	ocuses on in	this step.
Research	Marketing	Evidence	Experienc	e
3. Action:				
4. Write the smal	ller steps that wi	ll help you com	plete the act	ion.
Action			Due Date	Actually Completed

5. Reflection: What went well? What didn't go as planned? What do you need to do next?

1. Write your finaliz	zed weekly, moi	nthly, and year	ly financial god	als.			
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Research	Marketing	Evidence	Experience				
3. Action:							
4. Write the small	er steps that wi	ll help you con	nplete the actio	on.			
Action			Due Date	Actually Completed			

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Write your finalized weekly, monthly, and yearly financial goals. Weekly: Yearly:						
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2. Check the strategy and write action you are focuses on in this step.						
Research	Marketing	Evidence	Experience			
3. Action:						
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Steps			Due Date	Actually Completed		
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do next?

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Steps			Due Date	Actually Completed		
				1		

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do next?

You did it!

Congratulations! Like... for real.

You completed seven major steps to gain clarity around your personal and business making goals! Sure it's great to have a dream number but it's important to always know the reality of your financial needs and start taking action to achieve your goals.

If you made it all the way to the end, this is what you've accomplished:

- Courageously examined your personal and business financial needs
- Confirmed how much money you WANT to and NEED to earn
- Clarified your weekly, monthly and yearly money-making goals
- Considered the pricing structure of your products or services
- Completed one aspect of the behind-the-scenes work every business has to eventually do
- Chose the strategy your business needs to become financially successful
- Created a list of next steps that you can start implementing right away



I want you to know that ...

I help creative professionals and freelancers grow from the inside out by combining mindset work, personal development, and practical business strategy. Through webinars, courses, coaching, digital resources, and community, I teach you how to strengthen your mindset and develop the strategies you need to intentionally create the life you want.

Click below to visit my website for more information.

The Creative DBA Podcast

Listen to previous episodes of the <u>podcast</u> for freelancers to help them with their marketing, money and mindset.

Coaching Sessions

Coaching sessions are thought-provoking, actionoriented sessions over a period of time.

Resources

The <u>resources</u> page includes free guides, book suggestions, and more to help you grow.

